



# Cell Salts

by Dr. Yvonne Mitchell

A friend of mine who was a practitioner in cell salts, told me of their many benefits, years ago.

I have been using them since with great success.

Dr Yvonne Mitchell.



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Dr Wilhelm Schuessler(1821-1898) was a German medical doctor, and a naturopath who searched for natural remedies and came up with Biochemical cell salts. They remain popular today within alternative medicine.



Biochemistry means the chemistry of life, or the union of organic and inorganic substances whereby New compounds are formed.

Dr Carey (1845-1924) in his booklet "The relation of the mineral salts of the body to the signs of the zodiac." Dr Carey gave each sign of the zodiac and related them to a mineral or cell salt.

**Tissue salt number 1-----Calc Flor**

Zodiac sign Cancer.

*Can be used for flexibility and varicose veins.*

**Tissue salt number 2-----Calc Phos**

Zodiac sign Capricorn.

*Can be used for sluggish digestion.*

**Tissue salt number 3-----Calc Sulph.**

Zodiac sign Scorpio.

*Can be used for dry eyes and prevention of colds.*

**Tissue salt number 4-----Ferr Phos.**

Zodiac sign Pisces.

*Can be used for inflammation on the skin and earache.*

**Tissue salt number 5-----Kali Mur**

Zodiac Sign Gemini.

*Can be used for Head colds and tonsillitis.*

**Tissue salt number 6-----Kali Phos**

Zodiac sign Aries.

*Can be used for Anxiety and Fatigue.*

**Tissue salt number 7-----Kali Sulph.**

Zodiac sign Virgo.

*Can be used for Sinus infection and Colic.*

**Tissue salt number 8-----Mag Phos**

Zodiac sign Leo.

*Can be used for cramps and spasms in the muscles.*

**Tissue salt number 9-----Nat Mur**

Zodiac Sign Aquarius.

*Can be used for anger and itchy dry skin.*

**Tissue salt number 10-----Nat Phos**

Zodiac sign Libra

*Can be used for an acid stomach and gout.*

**Tissue salt number 11-----Nat Sulph**

Zodiac sign Sagittarius.

*Can be useful for Stamina and absentmindedness.*

Tissue Salts are non-toxic and non-addictive; They are completely safe, producing no side effects; They can be used by infants and pregnant women; They can be safely used alongside prescriptive medicines. Tissue salts most commonly come in the form of a lactose-calcium based tablet. They can also come as an oral spray (good if you're lactose intolerant).

Disclosure—Any information given in this ebook is not intended to be taken as a replacement for medication or medical advice. Please consult a doctor before undertaking a course of treatment.

Credits. Internet. Schuesslers Biochemic Pocket guide with repertory.